

Review of the Educational Programme

“Psychoanalytic Therapy. Group Psychoanalytic Therapy. Group Analysis”

Section of Group Psychoanalytic Psychotherapy,

Public Organisation “Association of Psychotherapists and Psychoanalysts of Ukraine” (PO “APPU”)

I have reviewed the Educational Programme in Group Analysis developed by the Section of Group Psychoanalytic Psychotherapy of the Public Organisation “Association of Psychotherapists and Psychoanalysts of Ukraine” (PO “APPU”), together with its appendices regulating self-experience, supervision, diploma work, and qualification levels.

The Programme represents a coherent, well-structured, and professionally grounded model of training in group analysis. It demonstrates a clear internal logic, a rigorous differentiation of training components, and a high level of methodological consistency. Of particular importance is the precise articulation and separation of roles between self-experience, supervision, and theoretical teaching. This reflects a mature understanding of therapeutic boundaries and is fully aligned with contemporary European training standards.

Main Components of the Programme and Duration of Training

The Educational Programme in group analysis is implemented through a tripartite structure consisting of:

- the self-experience analytic group,
- theoretical education,
- supervised clinical practice.

These three components are integrated and partially overlap in time. The total duration of training is no less than five and no more than eight years. The Programme also includes mandatory components such as independent work and the defence of a Diploma Thesis.

The structure of the Programme corresponds closely to the Training Standards of the EFPP Group Section (2017), including the tripartite model of training, clearly defined minimum training requirements, and a strong emphasis on ethical responsibility, reflective capacity, and the formation of professional identity. The appendices provide a robust regulatory framework ensuring transparency, procedural clarity, and quality assurance throughout the entire qualification process.

It is especially important to note that PO “APPU” has been a long-standing full member of the European Federation for Psychoanalytic Psychotherapy (EFPP), Group Section. This status confirms that training in group analysis implemented by PO “APPU” is conducted by its own independent training staff and that the Educational Programme is developed and delivered in full compliance with EFPP educational criteria and standards, without reliance on external accreditation bodies. The Programme clearly reflects this level of institutional maturity and professional autonomy.

The Programme also demonstrates sensitivity to the Ukrainian socio-historical context, including exceptional circumstances such as war and the pandemic, while preserving core professional requirements and avoiding any dilution of standards. Exceptional provisions (for example, the use of online formats) are narrowly defined, procedurally regulated, and ethically justified.

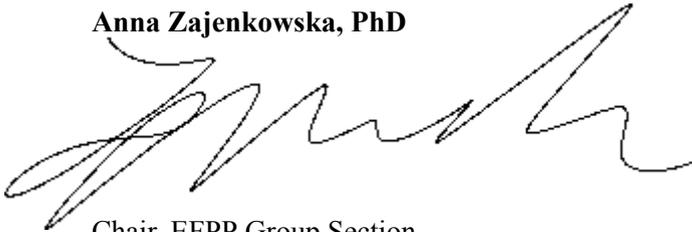
If there is one area that could be further strengthened, I would recommend the inclusion of a dedicated module on research in psychoanalytic and psychodynamic group psychotherapy. Such a

component could enhance participants' research literacy and further support the integration of clinical practice with contemporary academic discourse.

Conclusion

In conclusion, I consider this Educational Programme to be a high-quality, comprehensive, and professionally responsible framework for training in group analysis. It is fully compatible with the standards of the EFPP Group Section and can be confidently recommended as a solid basis for the training of group analysts within the European professional field.

Anna Zajenkowska, PhD

A handwritten signature in black ink, appearing to read 'Anna Zajenkowska', written in a cursive style.

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