



**ASSOCIATION OF PSYCHOTHERAPISTS AND PSYCHOANALYSTS OF  
UKRAINE**

**EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY**

*National Academy of Sciences for Higher Education of Ukraine*

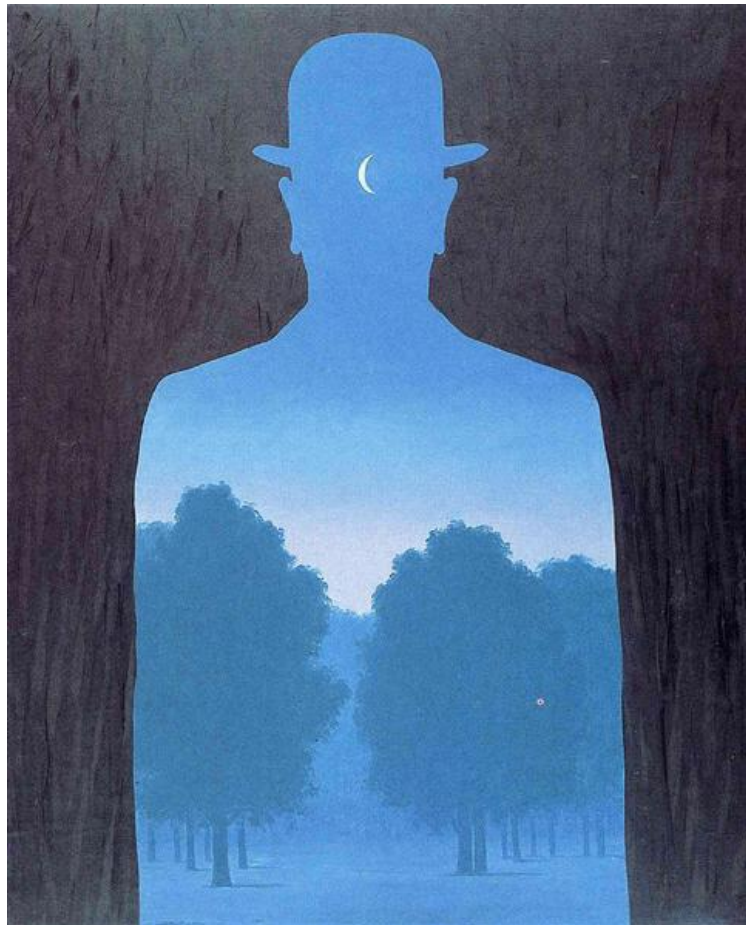
*Institute of Psychiatry of the Department of Health of Ukraine*

*National Medical University named after O.O. Bogomolets, Department of Medical*

*Psychology, Psychosomatic Medicine and Psychotherapy*

*International Cultural Centre "Syaivo"*

**INTERNATIONAL ONLINE CONFERENCE**



**“BETWEEN BODY AND SOUL”**

*Kyiv, Ukraine 10 – 12 September 2021*

## DEAR COLLEAGUES!

We are pleased to invite you to the International Conference of the Association of Psychotherapists and Psychoanalysts of Ukraine, a full member of the European Federation for Psychoanalytic Psychotherapy, which will be held online from 10 to 12 September 2021.

For the upcoming conference, we chose the name "Between Body and Soul" because in today's changing world, the human body and soul, psychosomatic disorders, mental anguish and physical suffering in various combinations and configurations remain important problems and the most common reasons for seeking medical and psychotherapeutic care.

In the psychoanalytical theory, the interrelation of mental and somatic is denoted by S. Freud: "We imagine that at its limit the Id is open to the somatic, absorbing from there the instinctive needs that find their mental expression in it, but we cannot say in which substratum" (Freud, 1933).

The conference will focus on the fundamental problem of the psychoanalytic approach – the relationship between body and soul in the space of psychoanalytic psychotherapy, establishing links and searching for symbolic meanings.

Psychoanalytic psychotherapy opens up the possibility of expressing complex emotional experiences and unconscious fantasies associated with it, using words that contain symbolic meaning, and this makes it possible to abolish the use of the body to express feelings and unconscious fantasies.

Psychotherapeutic treatment expresses patient's desire to alleviate his or her suffering through a better understanding of himself or herself, as this may allow him or her to no longer feel as a passive victim of the disease, but to recognize that he or she is the one who is actively involved in its construction.

To paraphrase Winnicott "There is no such thing as the body itself, first of all it is a body linked to another body. In the process of psychotherapeutic interaction, a bodily symptom is seen as a message – a call for help. A therapist is challenged to understand that root of a bodily suffering firstly in the present therapeutic relationship from which it is deciphered; and secondly, in the "past that cannot retreat".

Due to the global Covid-19 pandemic, the event will be held online. We propose to name one of the directions in the work of the conference

- **COVID-19. Bioethics of the pandemic.**

Other proposed areas of work at the conference are

- **Online psychotherapy: the soul separated from the body?**

- **Psychosomatic disorders: mental limitation or corporal punishment?**

- **Dichotomy of soul and body through the prism of psychoanalysis and neuropsychology.**

The conference program will feature plenary, sectional and poster presentations, discussions, workshops, master classes, round tables and a large analytic group.

The official languages of the conference are Ukrainian and Russian. English translation is provided.

We decided to dedicate this event to the memory of our colleague Tatjana Pushkareva, the EFPP delegate from Ukraine in the section of individual psychoanalytic psychotherapy for adults. Tatjana's life tragically ended in the spring of 2020 and this is a great loss for Ukrainian psychotherapy.

To register for the conference go to <https://forms.gle/Tofbw9JHrAAK6Tj98>

The call for papers is open till 30.05.2021.

You can get more detailed information from the representatives of the conference organizing committee at [appu.ua.contact@gmail.com](mailto:appu.ua.contact@gmail.com)